



**UTHealth**  
East Texas  
Olympic Center

## 2019 Swim Lessons

Safely introduce your children to the water and help them learn swimming techniques. Classes are held in our warm indoor pools and are led by experienced instructors.

### **Splash Babies**

A comfortable environment for infants and toddlers to become familiar with the water. Games, such as bubble blowing, provide a fun experience for both the child and their parents. Parent or guardian participation is required.

*Recommended for children 6 months to 3 years, depending on the child's skill level.*

### **Aqua Ducks**

Builds on previous skills and teaches balance, buoyancy and controlled swimming movements. The swimmer should be ready to take part in group lessons without parent support.

*Recommended for children 3 to 6 years, depending on the child's skill level.*

### **Turtles**

Children begin to develop swimming strokes, survival abilities and safety awareness.

*Recommended for children 4 to 8 years, depending on the child's skill level.*

### **Dolphins**

Further develops stroke techniques, endurance and safety and survival skills. The swimmer progresses to an advanced skill level.

*Recommended for children 6 to 10 years, depending on the child's skill level.*

### **Sharks**

Refines advanced stroke techniques and concepts. This class may be used as a springboard for competitive swimming.

*Recommended for children 6 to 12 years, depending on the child's skill level.*

*Note: To register or for questions regarding proper class placement, call 903-596-3150.  
Payment is required to hold your child's place in the class.*

# Children's Swim Lessons Schedule

## SATURDAY CLASS SCHEDULE

<b>Session 1</b>	Jan. 5 - Feb. 9	<b>Session 5</b>	July 20 - Aug. 24
<b>Session 2</b>	Feb. 23 - Mar. 30	<b>Session 6</b>	Sept. 7 - Oct. 12
<b>Session 3</b>	April 13 - May 18	<b>Session 7</b>	Oct. 26 - Nov. 30
<b>Session 4</b>	June 1 - July 6		

CLASS	TIME	CLASS MIN*	CLASS MAX
<b>Splash Babies</b>	9:15 - 9:45 a.m. (sessions 4 & 5 only)	6	10
<b>Splash Babies</b>	10 - 10:30 a.m.	6	10
<b>Splash Babies</b>	2:45 - 3:15 p.m.	6	10
<b>Splash Babies</b>	4:30 - 5 p.m. (sessions 4, 5 & 6 only)	6	10
<b>Aqua Ducks</b>	10:45 - 11:30 a.m.	5	7
<b>Aqua Ducks</b>	1:45 - 2:30 p.m.	5	7
<b>Turtles</b>	11:45 a.m. - 12:30 p.m.	6	8
<b>Aqua Ducks/ Turtles Combo</b>	12:45 - 1:30 p.m.	6	8
<b>Dolphins</b>	5 - 5:45 p.m.	6	10
<b>Sharks</b>	3:45 - 4:30 p.m.	5	7

## TUESDAY AND THURSDAY CLASS SCHEDULE

<b>Session 1</b>	Feb. 19 - Mar. 7	<b>Session 6</b>	June 4-20
<b>Session 2</b>	Mar. 12-28	<b>Session 7</b>	July 9-25
<b>Session 3</b>	April 2-18	<b>Session 8</b>	July 30 - Aug. 15
<b>Session 4</b>	Apr. 23 - May 9	<b>Session 9</b>	Aug. 20 - Sept. 5
<b>Session 5</b>	May 14-30	<b>Session 10</b>	Sept. 10-26

CLASS	TIME	CLASS MIN*	CLASS MAX
<b>Splash Babies</b>	11 - 11:30 a.m.	6	10
<b>Aqua Ducks</b>	6 - 6:45 p.m.	5	7
<b>Aqua Ducks</b>	2 - 2:45 p.m. (sessions 6 & 7 only)	5	7
<b>Turtles</b>	11:45 a.m. - 12:30 p.m.	6	8

*\*Class minimums must be met for class to make.*

**Program Fees | Splash Babies: \$55 | All other classes: \$75 | No refunds after class begins.**

*Classes will be made up only in the event of a pool closure due to severe weather or maintenance/repair.*